**National Numeracy Challenge messaging templates: staff**

We have created some messaging templates of varying lengths you can use to introduce the National Numeracy Challenge to staff. You can also use the separate poster (with QR code) and video [“What is the National Numeracy Challenge & how can it help me improve my numeracy?”](https://www.youtube.com/watch?v=XZuert73Le0)

**However you feel about maths, you’re not alone.**

But feeling confident with numbers helps us in our everyday life, including managing our money and supporting children. The National Numeracy Challenge is a free and easy-to-use website you can use to improve your confidence with numbers, in your own time and at your own pace.

It’s ideal for brushing up, checking your level, or for catching up on learning you missed, and it’s all about the maths you need in daily life – no algebra or trigonometry.

Give the [National Numeracy Challenge](http://www.nationalnumeracy.org.uk/challenge/sfpaq) a go today.

* Try the free [National Numeracy Challenge](http://www.nationalnumeracy.org.uk/challenge/sfpaq) to build your number confidence and skills.
* A great way to boost your number confidence is to try the [National Numeracy Challenge](http://www.nationalnumeracy.org.uk/challenge/sfpaq). It’s a free, online tool that helps you develop confidence and skills, in just 10 minutes a day, at your own pace.
* Take the first step to find out how you can make numbers work for you by trying the [National Numeracy Challenge](http://www.nationalnumeracy.org.uk/challenge/sfpaq).

Feeling confident with numbers can really pay off. Numeracy can help us take control of how we spend, save and plan for the future.

With a little help, you can build your number confidence and skills and begin to feel comfortable getting the best deals, getting out of debt or understanding interest rates. You might even be able to make your money go further.

The free [National Numeracy Challenge](http://www.nationalnumeracy.org.uk/challenge/sfpaq) is designed to help you! It is quick and easy, you go at your own pace and level and can started in just 10 minutes.

We all want children to feel confident with numbers, even if we struggle with maths ourselves.

Whether as a parent, carer or a teacher, building our own confidence with numbers helps when supporting children with maths.

The National Numeracy Challenge is a free, quick and easy to check your skills and confidence with numbers, where you can go at your own pace, with learning resources tailored to you and your level. It helps with the maths we come across in daily life – not algebra or trigonometry. You can get started in just 10 minutes [here](http://www.nationalnumeracy.org.uk/challenge/sfpaq)!